



FUTURE OF MEDICINE A COMMUNITY PROGRAM OF SSVMS

Lead. Inspire. Share. Sierra Sacramento Valley Medical Society (SSVMS) is excited to launch the Future of Medicine program and, invites physicians to join us in this endeavor to give back to the community and impact the future of medicine.

SSVMS' Future of Medicine program provides physicians with volunteer opportunities that allow them to share their professional experiences and inspire the next generation of physicians. We are now recruiting volunteers for the 2017-2018 school year. Learn more on how you can lead, inspire and share at www.ssvms.org/program.aspx or complete and return a Future of Medicine Interest Form.

FUTURE OF MEDICINE VOLUNTEER PATHWAYS

Museum of Medical History: Volunteers serve as docents and lead school classes on museum tours that highlight the history of medicine in the Sacramento region.

High-School Volunteer: SSVMS partners with volunteer physicians and Sacramento region high schools in an endeavor to educate youth on health-related issues, empower them to make healthy lifestyle choices and interest students in pursuing a career in medicine. Volunteer opportunities in high schools range from serving as a one-time guest speaker to acting as a classroom mentor. SSVMS coordinates the placement of volunteers, provides access to health-related teaching aids and mentoring guides.

Medical Student Mentor: Physicians volunteer to provide guidance to medical students as they pursue a future in medicine. Opportunities to mentor include meeting with students at SSVMS sponsored Mentor Events and, providing supervision and guidance on student-led, research projects.

**Contact Lindsay Coate, Director of Programs, at lcoate@ssvms.org or (916) 452-2671
to learn more about the Future of Medicine**

www.ssvms.org/program.aspx





"I was inspired by the enthusiasm and interest of these children... who strengthened my belief that teaching and reaching out to our youth is the best preventive medicine available"
-SSVMS Volunteer

Sierra Sacramento Valley Medical Society (SSVMS) is seeking medical students and physicians to volunteer and inspire high-school and medical students in the Sacramento region to pursue a career in medicine. We do this by partnering with volunteer physicians in an endeavor to educate youth on health-related issues, empower them to make healthy lifestyle choices and provide support and guidance on pathways to a future in medicine.

Medical students and physicians are invited to volunteer in one or more of the following ways:

- SSVMS Museum of Medical History Docent
- Guest Speaker
- Future of Medicine Educator
- High School Class Mentor
- Mentor to Medical Students (*Physicians only*)

SSVMS coordinates the placement of volunteers, provides access to health-related teaching aids and high-school mentoring curriculum.

www.ssvms.org/programs

FUTURE OF MEDICINE
A Community Program of SSVMS
5380 Elvas Avenue, Suite 101
Sacramento, CA 95819-2396
(916) 452-2671
(916) 452-2690 FAX
www.ssvms.org/programs

**Future of
Medicine
Volunteer
Interest Form**

VOLUNTEER INFORMATION

Name _____

Email _____ Cell Phone (____) _____

Medical Group _____ Specialty _____

Do you speak another language in addition to English? No Yes
 If yes, what language _____

Are you a member (in good standing) of the Sierra Sacramento Valley Medical Society? No Yes
 If you are interested in membership or more information about the Medical Society, please check here and an SSVMS representative will contact you.

VOLUNTEER PLACEMENTS

I am interested in learning more about the following Future of Medicine volunteer placements; mark all that apply. SSVMS works with volunteers to determine placement site and volunteer frequency and times.

SSVMS Museum of Medical History

- Museum Docent:** serve as a docent to lead class tours through the museum

High-Schools within the Sacramento Region: Volunteers are matched with a class for the school year.

- Guest Speaker:** one-time presentation(s) to high-school class(es)
 I could speak on the following health related topics: _____
- Future of Medicine Educator:** adopt a high-school class and present monthly/bi-monthly on health-related topics (teaching aids available through SSVMS)
- Mentor:** meet monthly with a set group of high school students to provide guidance on medical career pathways (mentors are provided with a mentor guide with suggested monthly topics and agendas)

Mentor to Medical Students, *Physicians only*

- Mentor:** meet occasionally with medical students at SSVMS sponsored mentor events to provide guidance on medical career pathways
- Research Projects:** provide guidance to medical students working on SSVSM related research projects

Other

- Not sure, need more information

SUBMIT YOUR COMPLETED INTEREST FORM

Lindsay Coate, Director of Programs
lcoate@ssvms.org
(916) 452-2690/fax; (916) 452-2671/phone

THANK YOU!