



A Big Year for SPIRIT

CSERF Programs

By Kristine Wallach, Program Manager

The outreach programs of SSVMS are organized through the Community Service, Education and Research Fund (CSERF). Individual programs are the Sacramento Physicians' Initiative to Reach Out, Innovate and Teach (SPIRIT); Adopt-A-School; the William E. Dotherman Medical Student Scholarship Fund; and the Sierra Sacramento Valley Museum of Medical History.

THIS HAS BEEN AN EXCITING YEAR for SPIRIT. Some significant milestones will be reached in this, our 10th year. By year's end, volunteers will have treated in excess of 20,000 patients, performed their 400th hernia repair surgery, and donated over \$5 million dollars in services.

In addition to our existing services of primary care, allergy/asthma, dermatology, ENT, endocrinology, gynecology, hernia repair surgery, hypertension, neurosurgery, ophthalmology, orthopedics, plastic surgery, and rheumatology, we have added an incredibly well received retinopathy screening that runs once a month out of Kaiser Permanente - Rancho Cordova.

We are working on two additional new services. The first is a project with the Northern California Lions Sight Association and three Mercy-affiliated surgeons to provide cataract repair surgery. It should begin very shortly.

The second is a Carpal Tunnel/Trigger Finger Release clinic to be run out of the county's Primary Care Center. We are currently determining the instruments needed to perform these surgeries; we will then explore how to procure them. We hope to have this service up and running by the end of 2005.

SPIRIT was named one of the organizations to benefit from the fund raising efforts of the Serotonin Surge Charities. This is an all-volunteer public benefit 501(c)3 non-profit organization started in 1999 by John Chuck, MD, a family physician with the Permanente Medical Group, to raise money for health care-related charities. We are most appreciative of their generosity. More information about Serotonin Surge is at its website, www.serotoninsurge.org.

SPIRIT volunteers donate at least four hours per month to see SPIRIT patients. The following volunteers have been active with SPIRIT in 2005:

Ruenell Adams, MD, primary care, Primary Care Center; **Sallie Adams, MD**, endocrinology, private office; **Nancy Appelblatt, MD**, otolaryngology, private office; **Barbara Arnold, MD**, ophthalmology, private office; **Martin Asch, MD**, pediatric dermatology, Oak Park Health Center;

Franklin Banker, MD, primary care, Capital Health Center; **Lawrence Bass, MD**, dermatology, Capital Health Center; **Robert Bellinoff, MD**, cataract surgery, Mercy General; **Joanne Berkowitz, MD**, primary care, Capital Health Center; **Donald Brown, MD**, primary care, Capital Health Center;

Dennis Chu, MD, primary care, Capital Health Center; **Donald Clutter, MD**, otolaryngology, private office; **Ruth Crane, MD**, gynecology, Primary Care Center; **Ed Denz, OD**, retinopathy screening, private office; **Sara Dougherty, MD**, primary care, Primary Care Center;

Joyce Eaker, MD, hernia surgery, Sutter General; **Robert Farrell, MD**, pediatrics, Oak Park Health Center; **Guy Guilfooy, MD**, orthopedics, Primary Care Center; **Andrew Hudnut, MD**, primary care, Capital Health Center; **Richard Isaacs, MD**, otolaryngology, private office;

Richard Jones, MD, ophthalmology/cataract surgery, private office/Mercy General; **Diamond Kassam, MD**, pediatrics, Oak Park Health Center; **David Kissinger, MD**, hernia surgery, Kaiser South; **Joseph Lash, MD**, allergy, Oak Park Health Center; **Michael Leathers, MD**, orthopedics, Primary Care Center;

Roger Lieberman, MD, hypertension, Power Clinic/PCC; **Alan Lim, MD**, plastic surgery, Capital Health Center; **Aloysius Llaguno, MD**, neurology, Primary Care Center; **Eric London, MD**, hernia surgery, Sutter General; **Allen Lue, MD**, otolaryngology, private office;

Elisabeth Mathew, MD, otolaryngology, private office; **George Meyer, MD**, primary care/gastroenterology, Capital Health Center; **Alan Mortiz, MD**, orthopedics, Primary Care Center; **Otto Neubuerger, MD**, primary care, Capital Health Center; **Patricia Ostrander, MD**, endocrinology, private office;

Frederick Pratt, MD, plastic surgery, Capital Health Center; **Vicente Quan, MD**, primary care, Capital Health Center; **Ivan Rarick, MD**, primary care, Capital Health Center; **Jodie Reisbord, MD**, pediatrics, Oak Park Health Center; **Fred Rowe, MD**, primary care, Primary Care Center;

James Rybka, MD, plastic surgery, Capital Health Center; **JaNahn Scalapino, MD**, rheumatology, Capital Health Center; **James Sehr, MD**, orthopedics, Primary Care Center; **Christian Serdahl, MD**, cataract surgery, Mercy General; **Daksha Shah, MD**, gynecology, Primary Care Center;

Howard Shortley, MD, orthopedics, Primary Care Center; **Christian Swanson, MD**, hernia surgery, Mercy General Hospital; **Kirk Van Rooyan, MD**, plastic surgery, Capital Health Center; **Celine Waterman, RN**, pediatrics, Oak Park Health Center; **Mike Wolford**, orthopedic support, Primary Care Center;

Derek Wong, MD, gynecology, Northeast Health Center; **Nanako Yip**, retinopathy screening, private office; **John Young, MD**, hernia surgery, Mercy General Hospital; **Shahin Zanganeh, MD**, primary care, Primary Care Center;

Saturday Saints, hernia surgery support, Kaiser South; **Sacramento Anesthesia Medical Group**, hernia surgery support, Mercy General Hospital; **Central Anesthesia Service Exchange**, hernia surgery support, Sutter General Hospital; **Diagnostic Pathology Medical Group**, hernia surgery support, Mercy General Hospital.

If you are interested in volunteering for the SPIRIT Project, please contact the SPIRIT office at 453-0254.

We are sad to see three of our volunteers - Otto Neubuerger, MD, Dennis Chu, MD, and Celine Waterman, RN - recently retire from SPIRIT service. Doctors Neubuerger and Chu both provided primary care services at the Capital Health Center since the program began in 1995. In addition, Dr. Chu had been visiting his two "adopted" schools since 1998. Ms. Waterman provided pediatric care at the Oak Park Health Center and "adopted" three classes at Jefferson Elementary School since 2004.

SPiRiT Volunteers Honored

On July 26, the Sacramento County Board of Supervisors honored SPiRiT Volunteers as Department of Health and Human Services Outstanding Volunteers. In addition to SPiRiT being honored as Outstanding Volunteer Organization, Fred Pratt, MD was honored as Outstanding Individual Volunteer for his years of SPiRiT service, as well as his service to the County's Gifts from the Heart Program.

On July 29 the Medical Board of California honored SPiRiT hernia surgeons John Young, Christian Swanson, Joyce Eaker, Eric London, and David Kissinger, with the Physician Recognition Award for their "extraordinary dedication in voluntary service to the medically underserved."

Adopt-A-School Volunteers Wanted

In early spring a letter was sent to principals of 300 Sacramento County schools to determine their interest in having a physician "adopt" their school. Physicians participating in the Adopt-A-School program go to a local school an average of once a month, although some physicians go more often. Participating physicians are not permitted to provide medical services or solicit patients. Each doctor works with school staff to design a program of presentations customized to the needs of the particular school, with topics such as nutrition, exercise, heart health, smoking, etc. The Adopt-A-School office provides teaching materials, including specimen for dissection, organ models, stethoscopes and blood pressure cuffs, as well as setting up planning meetings and presentation schedules.

Current Adopt-A-School volunteers are:

Sallie Adams, MD, Rio Americano High School; **Omar Ahmed, MD**, Al Arqam School; **Barbara Arnold, MD**, Bret Harte Elementary School; **Robert Bellinoff, MD**, Golden Hills School; **Gregory Brott, MD**, Howe Avenue School; **Dennis Chu, MD**, Glenwood Elementary School and Madison Elementary School; **Andrew Hudnut, MD**, Ethel Phillips Elementary School;

Mercy residents, Kit Carson Middle School; **UCD pediatric residents**, Ethel Phillips, Fruit Ridge, Peter Burnett, and Tahoe Elementary Schools

The following schools have expressed interest in participating in the program. If you are interested in "adopting" any of these schools, please contact the Adopt-A-School office at 453-0254.

Del Paso Heights District:

Garden Valley Elementary
3601 Larchwood Drive, Sacramento

Elder Creek Elementary
7934 Lemon Hill Avenue, Sacramento

Elk Grove Unified District:

CW Dillard Elementary
9721 Dillard Road, Wilton

Earl Warren Elementary
5420 Lowell Street, Sacramento

Woodbine Elementary
2500 52nd Street, Sacramento

John Ehrhardt Elementary
8900 Old Creek Drive, Elk Grove

Will C Wood Middle
6201 Lemon Hill Avenue, Sacramento

North Sacramento District:

Noralto Elementary
477 Las Palmas Avenue, Sacramento

OW Erlewine Elementary
2441 Stansberry Way, Sacramento

Rio Linda Union District:

FC Joyce Elementary
6050 Watt Avenue, North Highlands

Thomas Jefferson Elementary
2635 Chestnut Hill Drive, Sacramento

Sacramento City Unified District:

San Juan District:
Bella Vista High School

Theodore Judah Elementary
3919 McKinley Blvd, Sacramento

8301 Madison Avenue, Fair Oaks

Carmichael Elementary
6141 Sutter Avenue, Carmichael

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